

## Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

## Results - Session 4 (Warmup 8.00 - 8.50)

Event 201 Men 16-17 200 LC Meter IM				
Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 West, Dexter	17	PCPY	2:14.20	q
28.33	1:01.75	1:42.08	2:14.20	
2 Meilleur, Elliot	16	SGPY	2:16.60	q
28.80	1:04.03	1:44.30	2:16.60	
3 Mills, Ioan	17	TDOY	2:16.68	q
28.21	1:02.46	1:43.53	2:16.68	
4 Greenslade, Benjamin	16	TIVW	2:17.53	q
28.92	1:04.67	1:44.12	2:17.53	
5 Silverstone, Solomon	17	PCPY	2:18.08	q
27.25	1:03.40	1:46.78	2:18.08	
6 Major, Maximus	16	TDOY	2:18.81	q
28.21	1:02.92	1:45.90	2:18.81	
7 Ma, Ko Kwan	17	COCY	2:19.14	q
28.57	1:03.54	1:46.50	2:19.14	
8 Cavill, Jack	16	COCY	2:20.52	q
29.14	1:06.66	1:48.60	2:20.52	
9 Brock, Freddy	17	RCTY	2:21.09	
30.00	1:08.18	1:47.96	2:21.09	
10 Shiland-Griffiths, Enzo	16	SGPY	2:22.98	
30.63	1:06.61	1:49.60	2:22.98	
11 Bennett, Finley	17	PCPY	2:23.55	
30.04	1:08.74	1:52.03	2:23.55	
12 Phillips, Finley	16	NSGY	2:24.23	
30.60	1:08.63	1:50.24	2:24.23	
13 Stuart-Lavender, Jac	16	NSGY	2:24.82	
31.48	1:12.26	1:51.42	2:24.82	
14 Miles, Harry	16	COCY	2:25.34	
30.20	1:07.98	1:51.58	2:25.34	
15 Gwynfil, Solomon	16	COCY	2:25.84	
30.27	1:07.39	1:52.51	2:25.84	
16 Parfitt, Sebastian	16	COCY	2:25.91	
32.29	1:09.18	1:54.14	2:25.91	
17 Thomas, Archie	16	COCY	2:26.79	
30.35	1:09.07	1:51.83	2:26.79	
18 Davies, Blake	16	COCY	2:27.39	
29.18	1:06.59	1:53.03	2:27.39	
19 Reece, Liam	16	NWMY	2:28.07	
31.43	1:10.88	1:55.39	2:28.07	
20 Duggan, Brandon	16	COCY	2:28.09	
31.03	1:08.52	1:55.58	2:28.09	
21 Davies, Tom	16	NWMY	2:29.01	
30.85	1:11.42	1:56.80	2:29.01	
<b>Event 201 Men 18 &amp; Over 200 LC Meter IM</b>				
Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Kershaw, Charles	24	SUNY	2:08.03	q
27.50	1:00.58	1:37.75	2:08.03	
2 Staines, Luca	22	SUNY	2:11.50	q
27.12	1:00.51	1:39.49	2:11.50	
3 Bamborough, Jack	18	COCY/H	2:15.11	q
27.28	1:01.30	1:45.04	2:15.11	
<b>Event 201 Men 16-17 200 LC Meter IM Multi-Class</b>				
Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 %Broom, Dylan SM14	24	SUNY	2:20.59	q
29.60	1:05.29	1:49.33	2:20.59	
2 %Read, William SM14	18	SWAY	2:35.61	q
34.78	1:13.34	2:01.78	2:35.61	
3 %O'Reilly, McKenzie SM8	17	TDOY/A,12,+	3:13.27	q
43.92	1:32.03	2:29.90	3:13.27	
<b>Event 202 Women 16-17 50 LC Meter Butterfly</b>				
Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Taylor, Theodora	17	TDOY	27.42	q
2 Dwyfor-Clark, Efa	17	SGPY	28.75	q
3 Lee, Edith	16	COCY	29.20	q
4 Schumm, Libby	17	TDOY	29.35	q
5 Daniel, Megan	16	CRNW	29.77	q
6 Andrews, Joanne	16	ECSM	29.96	q
7 Jones, Maisie	16	COCY	30.23	q
8 Griffiths, Cerys	16	PCPY	30.39	q
9 Hughes-Rolls, Ava	17	TDOY	30.48	
10 Nichols, Grace	16	PCPY	30.53	
*11 Synowiec, Amelia	16	SCPYP	30.60	
*11 Roberts, Mali	16	SGPY	30.60	
13 Hall, Emily	16	WOWN	30.63	
14 Geach, Libbie	17	NSGY	30.69	
15 Jones, Rebecca	17	COVM	30.80	
16 James, Grace	17	BRCY	31.24	
17 Fuller, Efa	17	COLT	31.27	
18 Jones, Martha	17	SCPYP	31.41	
19 Givvons, Imogen	16	TDOY	31.98	
20 Gardener, Hannah	17	BRCY	32.02	
21 Davies, Mae	16	RTWS	32.04	
22 Ach Rhys, Emyllt	16	SGPY	32.35	
<b>Event 202 Women 18 &amp; Over 50 LC Meter Butterfly</b>				
Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 De Torres, Rebecca	22	COCY	28.19	q
2 Morgan, Isabel	22	COCY	28.49	q
3 Grant, Lucy	19	SUNY	28.65	q
4 Owen, Gracie	18	TDOY	28.88	q
5 Crawley, Abigail	21	SUNY	29.09	q
6 Willis, Hannah	21	SUNY	29.11	q
7 Bassett, Alexandra	19	COSS	29.13	q

## Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

## Results - Session 4 (Warmup 8.00 - 8.50)

**Preliminaries ... (Event 202 Women 18 & Over 50 LC Meter Butterfly)**

Name	AgeTeam	Prelim Time
8 McGrath, Izzy	20 SUNY	29.40 q
9 Dewsbury, Daisy	21 SUNY	29.83
10 Rees, Katie	28 SUNY	30.00
11 Lewis, Lowri	20 NEAY	30.03
12 Morgan, Carys	18 MILW	30.06
13 Lush, Emily	24 SUNY	30.25
14 Salmon, Gwen	19 RCTY	30.57
15 Blanch, Janelle	19 SUNY	30.65
16 Bissicks, Ella	19 SUNY	31.01
17 Gillingham, Grace	22 BANY	31.02
18 Jones, Myia	18 WREY	31.99

**Event 202 Women 50 LC Meter Butterfly Multi-Class**

Name	AgeTeam	Prelim Time
<b>Preliminaries</b>		
1 %Rogerson, Heidi S10	19 CAAY/A,12,+	38.18 q

**Event 203 Men 16-17 50 LC Meter Butterfly**

Name	AgeTeam	Prelim Time
<b>Preliminaries</b>		
1 McCarthy, Benedict	17 COCY	25.64 q
2 Major, Maximus	16 TDOY	26.62 q
3 Silverstone, Solomon	17 PCPY	27.20 q
4 Twigger, Owen	17 SWAY	27.68 q
5 Davies, Blake	16 COCY	28.11 q
6 Park, Reggie Samuel	16 SCPY	28.18 q
7 Mills, Ioan	17 TDOY	28.19 q
8 Hewitt, Archie	16 TDOY	28.21 q
9 Dixon, Samuel	16 RSCS	28.37
10 Evans, Thomas	17 KIRL	28.77
11 Gruffydd, Ned	16 COCY	28.80
12 Hughes, Cai	17 BANY	29.27
13 Duggan, Brandon	16 COCY	29.57
14 Williams, Thomas	16 NSGY	29.58

**Event 203 Men 18 & Over 50 LC Meter Butterfly**

Name	AgeTeam	Prelim Time
<b>Preliminaries</b>		
1 Fraser, Lewis	26 SUNY	23.79 q
2 Murray, Ross	21 SUNY	24.78 q
3 Edwards, Rhys	24 SUNY	24.90 q
4 Docking-Smith, Frankie	22 SUNY	24.98 q
5 Davies, Evan	20 COCY	25.29 q
6 Greenway, Morgan	23 SUNY	25.51 q
7 Staines, Luca	22 SUNY	25.70 q
8 Poole, Dexter	21 SUNY	25.89 q
9 Taylor, Harry	19 SUNY	26.34
10 Major, Sebastian	20 SUNY	26.51
11 Cressey-Rodgers, Ioan	21 NSGY	26.81
12 Hawkins, Alfie	19 SUNY	27.01
13 Johnstone, Daniel	19 SUNY	27.10
14 Pugh, Morgan	19 TDOY	27.35
15 Lennon, Danny	18 WREY	27.69
16 Helps, Jacob	20 SUNY	28.07

17 McLain, Archie	20 TDOY	28.31
18 James, Matt	19 WORM	28.37

**Event 203 Men 50 LC Meter Butterfly Multi-Class**

Name	AgeTeam	Prelim Time
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**Preliminaries**

1 %Johnstone, Isaac S7	20 SUNY	38.93 q
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**Event 204 Women 16-17 400 LC Meter Freestyle**

Name	AgeTeam	Prelim Time
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**Preliminaries**

1 Gordon, Freya	17 HSMS	4:28.46 q
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29.73	1:03.21	1:37.27	2:11.87
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2:46.02	3:20.93	3:55.13	4:28.46
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2 Sherrard, Emme	17 TDOY	4:37.95 q
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30.03	1:03.32	1:38.05	2:13.47
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2:49.32	3:25.51	4:02.06	4:37.95
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3 Griffiths, Cerys	16 PCPY	4:38.61 q
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31.80	1:05.68	1:39.97	2:15.49
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2:50.33	3:26.63	4:02.56	4:38.61
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4 Thomas, Serenity	16 SGPY	4:44.49 q
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31.61	1:06.10	1:41.29	2:17.10
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2:53.42	3:30.29	4:08.02	4:44.49
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5 Iles, Jessica	16 COCY	4:45.07 q
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33.18	1:09.08	1:45.64	2:22.18
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2:58.79	3:35.35	4:11.02	4:45.07
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6 Devin, Erin	16 WREY	4:47.98 q
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31.07	1:05.95	1:41.67	2:18.71
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2:56.20	3:33.62	4:11.38	4:47.98
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7 Roberts, Mali	16 SGPY	4:49.53 q
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32.19	1:08.04	1:44.82	2:22.06
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2:59.38	3:36.44	4:13.84	4:49.53
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8 Coles, Mya	16 NWMY	4:51.37 q
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32.59	1:08.26	1:45.17	2:22.44
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2:59.72	3:37.34	4:14.90	4:51.37
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9 Ling, Olivia	16 COCY	4:51.69
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33.12	1:09.45	1:46.34	2:23.11
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3:00.05	3:37.66	4:15.43	4:51.69
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10 Richards, Faith	16 COCY	4:52.03
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32.27	1:07.93	1:45.12	2:22.73
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3:00.60	3:38.61	4:16.27	4:52.03
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11 Sullivan, Ariana	16 TDOY	5:03.38
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31.75	1:07.72	1:45.60	2:23.86
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3:02.45	3:42.39	4:24.42	5:03.38
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**Event 204 Women 18 & Over 400 LC Meter Freestyle**

Name	AgeTeam	Prelim Time
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**Preliminaries**

1 Davies, Sophie	19 MILW	4:28.17 q
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30.19	1:03.71	1:37.49	2:11.82
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2:46.20	3:20.44	3:54.69	4:28.17
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2 Patterson, Millie	20 SUNY	4:29.90 q
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31.01	1:04.26	1:38.01	2:12.19
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2:46.20	3:20.77	3:55.93	4:29.90
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3 Mitchell, Abby	20 SUNY	4:30.51 q
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31.11	1:04.51	1:38.46	2:12.56
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2:47.01	3:21.67	3:56.62	4:30.51
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## Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

## Results - Session 4 (Warmup 8.00 - 8.50)

## Preliminaries ... (Event 204 Women 18 &amp; Over 400 LC Meter Freestyle)

Name	Age	Team	Prelim Time	
4 Hornby, Rachel	22	SUNY	4:35.06 q	
	31.62	1:05.81	1:40.81	2:15.91
	2:50.80	3:26.16	4:01.09	4:35.06
5 Hunter, Olivia	22	SUNY	4:35.32 q	
	31.20	1:04.75	1:38.88	2:14.03
	2:49.07	3:25.66	4:00.45	4:35.32
6 Hempenstall, Amy	18	GUIS	4:35.53 q	
	31.08	1:04.98	1:39.32	2:14.43
	2:49.68	3:25.03	4:00.62	4:35.53
7 Toms, Emily	20	SUNY	4:37.69 q	
	31.46	1:05.62	1:40.53	2:15.68
	2:51.00	3:26.61	4:02.43	4:37.69
8 Cumner, Megan	19	SUNY	4:40.39 q	
	31.38	1:05.58	1:40.89	2:16.55
	2:52.35	3:28.59	4:05.07	4:40.39
9 Humphreys, Holly	18	NEAY	4:44.28	
	31.29	1:06.50	1:42.72	2:19.36
	2:55.77	3:32.33	4:09.19	4:44.28
10 Roberts, Megan	19	SUNY	4:46.41	
	31.42	1:06.30	1:42.54	2:19.27
	2:56.20	3:33.60	4:10.95	4:46.41
11 Cust, Ciara	19	SCPY	4:48.69	
	31.51	1:06.34	1:42.47	2:19.17
	2:56.19	3:34.37	4:11.83	4:48.69

## Event 205 Men 16-17 200 LC Meter Backstroke

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 West, Dexter	17	PCPY	2:12.20 q	
	30.92	1:04.25	1:38.41	2:12.20
2 Foster, Henry	17	REDM	2:13.52 q	
	30.75	1:04.23	1:38.90	2:13.52
3 Thomas, Iolo	16	NEAY	2:15.60 q	
	30.82	1:05.29	1:40.94	2:15.60
4 Davies, Brynley	16	NWMY	2:16.85 q	
	32.22	1:07.11	1:42.42	2:16.85
5 Shiland-Griffiths, Enzo	16	SGPY	2:22.75 q	
	33.08	1:09.41	1:46.42	2:22.75
6 Hole, Ethan	17	COCY	2:23.66 q	
	33.32	1:10.03	1:47.60	2:23.66
7 Deacon, Cameron	16	COCY	2:24.44 q	
	32.04	1:08.28	1:45.96	2:24.44

## Event 205 Men 18 &amp; Over 200 LC Meter Backstroke

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Morgan, Dominic	21	SUNY	2:06.97 q	
	29.24	1:01.02	1:34.10	2:06.97
2 Jasinski, Hubert	19	SUNY	2:16.38 q	
	30.82	1:05.25	1:40.56	2:16.38
3 Gore, Andrew	21	COCY	2:18.89 q	
	32.05	1:06.30	1:42.87	2:18.89
4 Rixon, Oliver	18	COCY	2:20.06 q	
	32.16	1:07.52	1:43.88	2:20.06

5 Keeble, Alex	22	SUNY	2:22.03 q	
	33.12	1:10.72	1:47.28	2:22.03

## Event 206 Women 16-17 100 LC Meter Backstroke

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Dwyfor-Clark, Efa	17	SGPY	1:05.66 q	
	31.58	1:05.66		
2 Winstanley, Elin	17	HERM	1:06.12 q	
	32.10	1:06.12		
3 Nichols, Grace	16	PCPY	1:06.17 q	
	32.27	1:06.17		
4 Anderson, Rosalie	16	COCY	1:06.68 q	
	32.27	1:06.68		
5 Daniel, Megan	16	CRNW	1:07.04 q	
	32.43	1:07.04		
6 Hall, Emily	16	WOWN	1:07.97 q	
	32.94	1:07.97		
7 Duce, Charlie	17	MODT	1:09.51 q	
	33.70	1:09.51		
8 Andrews, Joanne	16	ECSM	1:10.48 q	
	33.94	1:10.48		
9 James, Grace	17	BRCY	1:11.20	
	33.99	1:11.20		
10 Geach, Libbie	17	NSGY	1:11.43	
	34.52	1:11.43		

11 Hughes-Rolls, Ava	17	TDOY	1:11.53	
	34.62	1:11.53		
12 Edwards, Alaw	16	SGPY	1:12.13	
	34.33	1:12.13		
13 Upton-Boorman, Isabella	16	NSGY	1:13.89	
	35.47	1:13.89		
14 Howson, Ellen	17	NWMY	1:13.92	
	35.95	1:13.92		
15 Ach Rhys, Emyllt	16	SGPY	1:15.07	
	36.09	1:15.07		
16 Synowiec, Amelia	16	SCPY	1:16.85	
	37.38	1:16.85		

## Event 206 Women 18 &amp; Over 100 LC Meter Backstroke

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Sutton, Rebecca	25	SUNY	1:02.18 q	
	29.88	1:02.18		
2 Humphreys, Ffion	18	SGPY	1:03.56 q	
	30.66	1:03.56		
3 Titchener, Megan	18	TDOY	1:05.17 q	
	31.55	1:05.17		
4 Owen, Gracie	18	TDOY	1:06.49 q	
	32.36	1:06.49		
5 Stead, Martha	21	SUNY	1:06.80 q	
	32.33	1:06.80		
6 Hempenstall, Amy	18	GUIS	1:07.51 q	
	32.75	1:07.51		
7 Salmon, Gwen	19	RCTY	1:07.84 q	
	32.70	1:07.84		

## Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

## Results - Session 4 (Warmup 8.00 - 8.50)

**Preliminaries ... (Event 206 Women 18 & Over 100 LC Meter Backstrol**

Name	AgeTeam	Prelim Time
8 Bamborough, Katie	22 SUNY	1:08.81 q
33.66	1:08.81	
9 Howells-Davies, Lana	18 SWAY	1:09.14
34.15	1:09.14	
10 Williams, Jody	20 SUNY	1:09.17
33.20	1:09.17	
11 Lush, Emily	24 SUNY	1:09.17
32.81	1:09.17	
12 Gillingham, Grace	22 BANY	1:09.38
33.58	1:09.38	
13 Blake, Emily	19 COCY	1:09.69
34.18	1:09.69	
14 Huws, Awen	18 RCTY	1:10.41
34.70	1:10.41	
15 Hatton-Ellis, Isabelle	18 SUNY	1:11.23
34.01	1:11.23	
16 Weaver, Poppy	19 SUNY	1:12.33
34.93	1:12.33	
17 Stork, Niamh	22 COCY	1:12.61
34.64	1:12.61	
18 Kay, Isabelle	18 RCTY	1:12.99
35.44	1:12.99	
19 Jones, Myia	18 WREY	1:13.93
35.52	1:13.93	

**Event 206 Women 100 LC Meter Backstroke Multi-Class**

Name	AgeTeam	Prelim Time
<b>Preliminaries</b>		
1 %Willis, Meghan S9	19 TDOY/1,3,5	1:19.71 q
37.86	1:19.71	
2 %Rogerson, Heidi S10	19 CAAY/A,12,+	1:22.25 q
40.62	1:22.25	
3 %Rice, Lily S8	22 COCY/A,12,+	1:25.64 q
41.60	1:25.64	
4 %Lawn, Pippa S14	16 TDOY	1:28.91 q
44.25	1:28.91	
5 %Mesher, Anwen S9	17 BREY/3,4,12,+	1:52.53 q
53.41	1:52.53	

**Event 207 Men 16-17 100 LC Meter Breaststroke**

Name	AgeTeam	Prelim Time
<b>Preliminaries</b>		
1 Meilleur, Elliot	16 SGPY	1:08.12 q
32.32	1:08.12	
2 Greenslade, Benjamin	16 TIVW	1:10.02 q
32.48	1:10.02	
3 Stuart-Lavender, Jac	16 NSGY	1:10.49 q
33.12	1:10.49	
4 Phillips, Finley	16 NSGY	1:10.90 q
33.22	1:10.90	
5 Brock, Freddy	17 RCTY	1:11.40 q
33.18	1:11.40	
6 James, Rhys	17 RCTY	1:11.49 q
32.85	1:11.49	

7 Hole, Ethan	17 COCY	1:12.02 q
34.07	1:12.02	
8 Neaves, Jake	17 ECSM	1:12.25 q
33.35	1:12.25	
9 Thomas, Archie	16 COCY	1:13.15
34.33	1:13.15	
10 Hughes, Cai	17 BANY	1:14.80
34.36	1:14.80	
11 Bartram, Solomon	16 BRCY	1:15.18
34.94	1:15.18	
12 Ma, Ko Kwan	17 COCY	1:15.85
35.38	1:15.85	
13 Hewitt, Archie	16 TDOY	1:16.72
35.53	1:16.72	
14 Miles, Harry	16 COCY	1:17.88
36.01	1:17.88	
15 James, Tristan	17 BRCY	1:18.56
38.54	1:18.56	

**Event 207 Men 18 & Over 100 LC Meter Breaststroke**

Name	AgeTeam	Prelim Time
<b>Preliminaries</b>		
1 Ryley, William	28 COCY	1:03.79 q
29.64	1:03.79	
2 Anderson, Maxwell	21 COCY	1:03.95 q
29.97	1:03.95	
3 Panaretos, Panayiotis	24 SUNY	1:04.27 q
29.42	1:04.27	
4 James, Jack	19 SUNY	1:04.68 q
30.61	1:04.68	
5 Sheppard, Rhydian	19 COCY	1:06.40 q
30.93	1:06.40	
6 Thomas, Lucas	18 SGPY	1:06.98 q
31.12	1:06.98	
7 Lovell-Pascal, Jean-Luc	21 SUNY	1:08.53 q
32.55	1:08.53	
8 Lee, Tristan	20 COCY	1:09.77 q
31.95	1:09.77	
9 Tennant, Cale	18 EASS	1:09.95
31.87	1:09.95	
10 Doyle, Alfie	18 TDOY	1:12.48
33.22	1:12.48	
11 Richardson, Osian	18 SWAY	1:13.41
34.22	1:13.41	
12 Lloyd, Thomas	18 ROCT	1:14.80
35.25	1:14.80	
13 Upton-Boorman, Liam	19 NSGY	1:15.14
34.48	1:15.14	
14 Baker, Ellis	20 SUNY	1:15.82
33.90	1:15.82	

**Event 207 Men 100 LC Meter Breaststroke Multi-Class**

Name	AgeTeam	Prelim Time
<b>Preliminaries</b>		
1 %Darbey, Rhys SB14	19 WREY	1:09.01 q
32.44	1:09.01	

## Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

## Results - Session 4 (Warmup 8.00 - 8.50)

## Event 208 Women 16-17 200 LC Meter Breaststroke

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Taylor, Theodora	17	TDOY	2:29.43	q
	33.74	1:11.37	1:50.41	2:29.43
2 Evans, Gwenllian	17	COCY	2:38.34	q
	36.04	1:15.61	1:56.93	2:38.34
3 Williams, Lowri	16	SWAY	2:49.63	q
	37.96	1:20.98	2:05.40	2:49.63
4 Lythgoe, Manon	17	SWAY	2:52.08	q
	38.43	1:21.93	2:07.31	2:52.08
5 Matthews, Elin	16	COCY	2:52.99	q
	39.05	1:22.95	2:08.14	2:52.99
6 Jones, Rebecca	17	COVM	2:53.32	q
	38.33	1:23.22	2:08.71	2:53.32
7 Daniel, Megan	16	CRNW	2:53.48	q
	38.97	1:21.74	2:07.80	2:53.48
8 Gardener, Hannah	17	BRCY	2:55.63	q
	39.11	1:23.74	2:09.95	2:55.63
9 Williams, Cari	17	SGPY	2:55.89	
	37.90	1:22.02	2:08.05	2:55.89
10 Davies, Mae	16	RTWS	2:56.82	
	39.70	1:24.78	2:10.29	2:56.82
11 Ling, Olivia	16	COCY	2:57.09	
	40.56	1:25.70	2:11.20	2:57.09
12 Davies, Ellen	17	CHIY	2:59.73	
	38.89	1:24.77	2:12.88	2:59.73
13 Lewis, Orla Rose	16	TDOY	3:00.56	
	40.26	1:26.18	2:12.94	3:00.56
14 Devin, Erin	16	WREY	3:01.34	
	39.57	1:24.97	2:12.55	3:01.34
15 Goddard, Amy	17	RCTY	3:04.00	
	41.48	1:28.82	2:16.47	3:04.00

## Event 208 Women 18 &amp; Over 200 LC Meter Breaststroke

Name	Age	Team	Prelim Time	
<b>Preliminaries</b>				
1 Brassington, Sophie	20	SUNY	2:32.15	q
	35.34	1:12.96	1:52.14	2:32.15
2 Gibson, Mari	18	COCY	2:36.84	q
	35.78	1:15.81	1:56.62	2:36.84
3 Huellou, Claire	21	SUNY	2:44.11	q
	37.50	1:19.82	2:01.86	2:44.11
4 Rees, Katie	28	SUNY	2:45.51	q
	36.86	1:17.83	2:01.11	2:45.51
5 Morgan, Carys	18	MILW	2:48.40	q
	38.34	1:20.81	2:04.35	2:48.40
6 Gorman, Helen	54	COCY	2:50.59	q
	38.95	1:22.57	2:06.77	2:50.59
7 Owen, Kessie	18	NEAY	2:56.22	q
	38.62	1:23.78	2:10.71	2:56.22

## Event 209 Men 16-17 800 LC Meter Freestyle (HDW)

Name	Age	Team	Finals Time	
1 Park, Reggie Samuel	16	SCPY	8:54.10	
	29.81	1:02.56	1:36.45	2:10.19
	2:43.37	3:17.10	3:50.96	4:24.50
	4:58.72	5:32.77	6:06.39	6:40.81
	7:15.25	7:49.38	8:22.51	8:54.10
2 Twigger, Owen	17	SWAY	9:02.27	
	30.84	1:04.22	1:37.95	2:11.99
	2:45.91	3:19.89	3:54.23	4:28.39
	5:03.01	5:37.10	6:11.79	6:46.07
	7:20.72	7:54.98	8:29.20	9:02.27
3 Williams, Owen	17	SGPY	9:09.29	
	29.34	1:01.89	1:35.57	2:09.49
	2:43.98	3:18.29	3:53.03	4:27.87
	5:03.39	5:38.87	6:14.82	6:50.40
	7:26.26	8:01.88	8:37.00	9:09.29
4 Davies, Brynley	16	NWMY	9:09.60	
	30.46	1:04.10	1:38.87	2:13.49
	2:47.79	3:23.50	3:58.73	4:34.01
	5:08.52	5:43.03	6:17.54	6:52.53
	7:27.58	8:01.76	8:35.89	9:09.60
5 Vong, Joshua	16	TDOY	9:17.44	
	29.60	1:03.40	1:38.01	2:13.74
	2:49.15	3:24.91	4:00.40	4:36.10
	5:11.50	5:46.85	6:21.86	6:57.16
	7:32.71	8:08.16	8:43.25	9:17.44
6 Bennett, Finley	17	PCPY	9:23.72	
	30.82	1:05.09	1:40.12	2:15.29
	2:50.84	3:26.39	4:02.47	4:38.32
	5:14.34	5:49.99	6:26.14	7:01.63
	7:37.87	8:13.26	8:49.06	9:23.72
7 Reece, Liam	16	NWMY	9:34.12	
	30.60	1:04.46	1:39.67	2:15.21
	2:50.72	3:26.39	4:02.48	4:38.84
	5:15.46	5:52.12	6:29.35	7:06.25
	7:43.23	8:20.32	8:57.38	9:34.12

## Event 209 Men 18 &amp; Over 800 LC Meter Freestyle (HDW)

Name	Age	Team	Finals Time	
1 Bamborough, Jack	18	COCY/H	8:29.77	
	27.84	58.38	1:30.02	2:01.85
	2:33.99	3:06.14	3:38.75	4:11.70
	4:44.29	5:17.52	5:50.65	6:23.65
	6:56.04	7:28.76	8:00.68	8:29.77
2 Nerushenko, Valeriy	21	SUNY	8:29.98	
	28.91	59.98	1:31.45	2:03.22
	2:34.82	3:06.77	3:39.19	4:11.85
	4:44.69	5:17.50	5:50.41	6:23.52
	6:56.15	7:29.05	8:00.86	8:29.98
3 Geysen-Holley, Max	21	COCY	8:43.10	
	28.64	1:00.06	1:31.92	2:04.55
	2:37.13	3:10.10	3:43.59	4:17.22
	4:50.64	5:24.39	5:57.55	6:30.82
	7:03.65	7:37.21	8:10.56	8:43.10

## Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

## Results - Session 4 (Warmup 8.00 - 8.50)

**(Event 209 Men 18 & Over 800 LC Meter Freestyle (HDW))**

Name	Age	Team	Finals Time			
4 Evans, Ieuan	19	SUNY	8:47.61			
	28.55	1:00.52	1:33.07	2:05.75		
	2:38.75	3:11.79	3:45.46	4:19.15		
	4:52.98	5:26.48	6:00.38	6:33.91		
	7:07.95	7:41.64	8:15.45	8:47.61		
5 Bradley, Mathew	20	SUNY	8:54.12			
	30.01	1:03.36	1:37.74	2:12.20		
	2:46.85	3:21.19	3:55.74	4:29.98		
	5:04.33	5:38.34	6:12.29	6:45.80		
	7:19.00	7:52.11	8:24.07	8:54.12		
6 Keeble, Alex	22	SUNY	8:54.28			
	29.66	1:02.09	1:35.29	2:08.36		
	2:41.67	3:15.17	3:49.04	4:22.93		
	4:56.62	5:30.80	6:05.06	6:39.52		
	7:14.09	7:47.90	8:21.81	8:54.28		
7 Harris, Daniel	19	SUNY	8:55.35			
	29.13	1:01.74	1:35.37	2:08.93		
	2:42.61	3:16.57	3:50.63	4:24.42		
	4:58.16	5:32.14	6:06.47	6:40.69		
	7:15.03	7:49.38	8:23.33	8:55.35		
8 Parsons, Joseph	19	COCY	8:58.71			
	29.24	1:00.61	1:32.68	2:05.18		
	2:38.20	3:11.31	3:44.51	4:17.65		
	4:51.04	5:25.25	6:00.41	6:35.85		
	7:11.37	7:47.02	8:23.01	8:58.71		
9 Mistry, Manav	19	SUNY	9:01.21			
	29.29	1:01.43	1:35.29	2:09.17		
	2:43.27	3:17.24	3:51.36	4:25.75		
	5:00.42	5:34.89	6:09.76	6:44.24		
	7:17.72	7:51.99	8:26.46	9:01.21		